



October 15-18 Octobre • London, Ontario

PRE-CONFERENCE DETAILS

Day 1

Morning session

- **Health Behaviours in Pregnancy**

8 National and International speakers

Afternoon session

- Dr. Mark Tremblay **Keynote Speaker** (CHEO)
Global research on movement behaviours of children and adolescents: Examples, evidence, challenges, opportunities
- **Early Career Panel Session**
- **Evening Community Event** (Postpartum Guidelines); Dr. Margie Davenport (U of A)

Day 2

- **Morning Pregnancy Symposium** -

Historical fallacies and misinformation regarding exercise during and after pregnancy and how current evidence "clashes" with these ideas.

- **Afternoon Childhood and Youth Symposium** -

24 Hour Movement guidelines for the Early Years (0-4 years) and Children and Youth (5-17 years): How active are Canadian children and youth?

CALL FOR POSTER ABSTRACTS - Trainees

- Accepting projects in any stage (Proposal to Completion)
- Inviting: Clinical Residents, Postdoctoral Fellows, PhD Students, Master's Students & Undergraduate Students
- Monetary Awards for Best Poster Presentations (Tuesday)



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Western
HealthSciences

Two-Day FREE Pre-Conference

Health Behaviours in Pregnancy and Childhood

Tuesday October 14th & Wednesday Oct 15th, 2025

WESTERN UNIVERSITY

SUBMIT ABSTRACT HERE



Abstract
Deadline:
Monday, June
30th, 2025

https://uwo.eu.qualtrics.com/jfe/form/SV_bl5cr9mC3j6EbZk